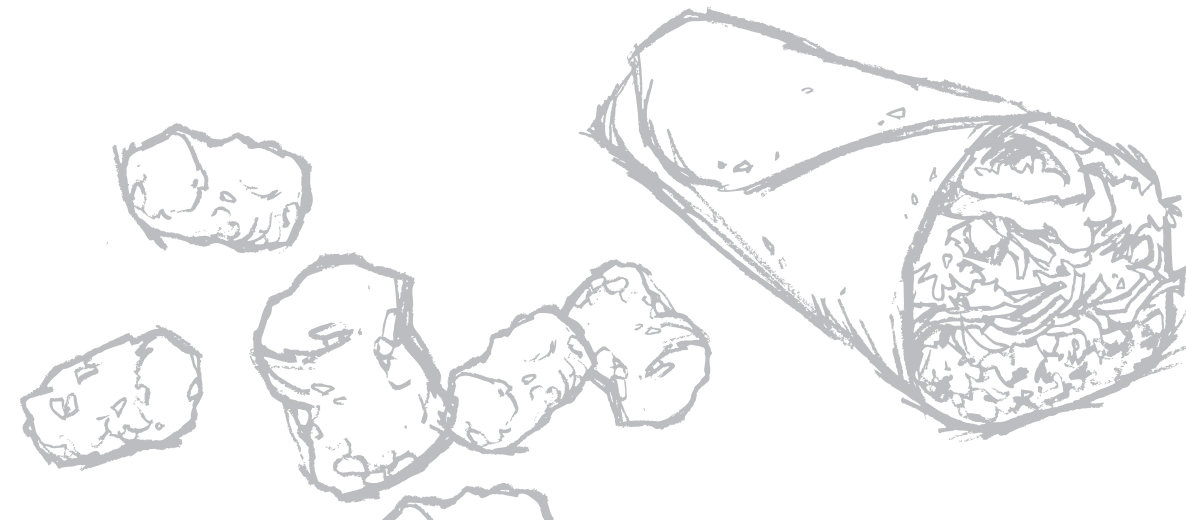




| PLATTERS (Nutrition information does not include dressing)  | SERVING SIZE | CALORIES | PROTEIN | CARBS | DIETARY FIBER | FAT TOTAL | SAT. FAT | TRANS. FAT | CHOLESTEROL | SODIUM | SUGAR |
|---|--------------|----------|---------|-------|---------------|-----------|----------|------------|-------------|--------|-------|
| <b>Regular Nachos</b><br>Hand crafted tortilla chips loaded with aged Cheddar cheese, whole black beans, and Pico de Gallo. Served with a side of sour cream and your choice of salsa.  | 15.9         | 1218     | 43      | 81    | 19            | 81        | 27       | 0          | 136         | 2133   | 6     |
| <b>Beef Nachos</b><br>Hand crafted tortilla chips loaded with aged Cheddar cheese, seasoned ground beef, whole black beans, and Pico de Gallo. Served with a side of sour cream and your choice of salsa.   | 18.4         | 1366     | 55      | 87    | 21            | 89        | 31       | 0          | 153         | 2687   | 6     |
| <b>Chicken Nachos</b><br>Hand crafted tortilla chips loaded with aged Cheddar cheese, tender chicken, whole black beans, and Pico de Gallo. Served with a side of sour cream and your choice of salsa.  | 18.4         | 1303     | 59      | 81    | 19            | 83        | 28       | 0          | 157         | 2594   | 6     |
| <b>Pinto Bean Mexi-Platter</b><br>A Crisp Pinto Bean Taco and Crisp Pinto Bean Burrito served with Mexi-Fries™, fat-free pinto beans and a side salad with your choice of dressing.   | 17.6         | 1115     | 32.7    | 117.5 | 27.1          | 57.3      | 10.1     | 0.2        | 26.4        | 1554   | 4.9   |
| <b>Beef Mexi-Platter</b><br>A Crisp Beef Taco and Crisp Beef Burrito served with Mexi-Fries™, fat-free pinto beans and a side salad with your choice of dressing.   | 17.5         | 1246     | 42.5    | 98.8  | 21.2          | 75.9      | 18.4     | 1.2        | 62.6        | 2164   | 4.2   |
| <b>Chicken Mexi-Platter</b><br>A Crisp Chicken Taco and Crisp Chicken Burrito served with Mexi-Fries™, fat-free pinto beans and a side salad with your choice of dressing.  | 17.0         | 1067     | 45.5    | 90.1  | 17.1          | 59.1      | 12       | 0.1        | 71.6        | 1872   | 4.9   |
| <b>Pinto Bean Casita Burrito™</b><br>A soft flour tortilla filled with fat-free pinto beans, and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing.                | 16.4         | 840      | 27.7    | 100.7 | 16.4          | 37.2      | 12.4     | 0.1        | 31.8        | 1487   | 6.2   |
| <b>Beef Casita Burrito™</b><br>A soft flour tortilla filled with fat-free pinto beans, seasoned ground beef and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing. | 16.4         | 908      | 34.3    | 92.8  | 13.1          | 45.4      | 15.8     | 0.5        | 48.8        | 1813   | 5.8   |
| <b>Chicken Casita Burrito™</b><br>A soft flour tortilla filled with fat-free pinto beans, tender chicken and a touch of Taco Time's original ranch dressing. Covered with burrito sauce and Cheddar cheese. Served with a side salad with your choice of dressing.    | 16.4         | 846      | 38.5    | 86.4  | 10.7          | 39.3      | 12.7     | 0.1        | 53.1        | 1720   | 5.7   |
| <b>Pinto Bean Enchilada Platter</b><br>Two white corn tortilla enchiladas made with fat-free pinto beans. Covered with burrito sauce, Cheddar cheese, sour cream and Pico de Gallo. Served with a side of fat-free pinto beans and rice.                              | 19.4         | 908      | 34.8    | 120.4 | 27            | 32.2      | 11.5     | 0          | 54.8        | 1735   | 6.7   |
| <b>Beef Enchilada Platter</b><br>Two white corn tortilla enchiladas made with seasoned ground beef. Covered with burrito sauce, Cheddar cheese, sour cream and Pico de Gallo. Served with a side of fat-free pinto beans and rice.                                    | 19.4         | 1017     | 45.3    | 108   | 21.8          | 45.3      | 16.9     | 0.7        | 82          | 2257   | 6.1   |
| <b>Chicken Enchilada Platter</b><br>Two white corn tortilla enchiladas made with tender chicken. Covered with burrito sauce, Cheddar cheese, sour cream and Pico de Gallo. Served with a side of fat-free pinto beans and rice.                                       | 19.4         | 917      | 52.1    | 97.5  | 18            | 35.6      | 12.1     | 0          | 88.8        | 2108   | 5.9   |

| MINI TIME MEALS™ (Data ranges from lowest to highest calorie options for each meal with Mexi-Fries™ and Diet Coke or Root beer)  | SERVING SIZE | CALORIES | PROTEIN | CARBS | DIETARY FIBER | FAT TOTAL | SAT. FAT | TRANS. FAT | CHOLESTEROL | SODIUM | SUGAR |
|--|--------------|----------|---------|-------|---------------|-----------|----------|------------|-------------|--------|-------|
| <b>* #13 Mini Time - Crisp Taco - LOW</b> <b>GLUTEN-SENSITIVE</b><br>Your choice of a Crisp Pinto Bean, Beef or Chicken Taco served with a small order of Mexi-Fries™ and a small soft drink.  | 22.7         | 429      | 10.2    | 41.5  | 9.5           | 24.7      | 4.9      | 0          | 14          | 738    | 1.3   |
| <b>* #13 Mini Time - Crisp Taco - HIGH</b> <b>GLUTEN-SENSITIVE</b><br>Your choice of a Crisp Pinto Bean, Beef or Chicken Taco served with a small order of Mexi-Fries™ and a small soft drink. | 22.7         | 690      | 14.8    | 96    | 7.3           | 30.4      | 7.3      | 0.3        | 25.9        | 1007   | 6.1   |
| <b>#14 Mini Time - Crisp Burrito - LOW</b><br>Your choice of a Pinto Bean, Beef or Chicken Crisp Burrito served with a small order of Mexi-Fries™ and a small soft drink.                      | 23.1         | 566      | 20      | 44.5  | 6.2           | 34.7      | 6.3      | 0          | 35.7        | 1186   | 2.2   |
| <b>#14 Mini Time - Crisp Burrito - HIGH</b><br>Your choice of a Pinto Bean, Beef or Chicken Crisp Burrito served with a small order of Mexi-Fries™ and a small soft drink.                     | 23.6         | 915      | 19.9    | 108.8 | 8.6           | 47.3      | 10.6     | 0.8        | 29.7        | 1453   | 6.14  |
| <b>#15 Mini Time - Mini Soft Taco - LOW</b><br>Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Mexi-Fries™ and a small soft drink.                    | 24.5         | 561      | 13.7    | 59.6  | 10.5          | 29.1      | 7.5      | 0.1        | 15.9        | 1256   | 2.5   |
| <b>#15 Mini Time - Mini Soft Taco - HIGH</b><br>Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Mexi-Fries™ and a small soft drink.                   | 24.5         | 829      | 18.3    | 114   | 8.2           | 34.8      | 9.9      | 0.4        | 27.8        | 1524   | 62.3  |
| <b>#16 Mini Time - Baja Taco - LOW</b><br>Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Mexi-Fries™ and a small soft drink.                         | 23.9         | 456      | 12.5    | 51.6  | 8.7           | 22.4      | 3.9      | 0.3        | 10.2        | 1117   | 1.9   |
| <b>#16 Mini Time - Baja Taco - HIGH</b><br>Your choice of a Pinto Bean, Beef or Chicken Mini Soft Taco served with a small order of Mexi-Fries™ and a small soft drink.                        | 23.9         | 669      | 12.5    | 111.6 | 8.7           | 22.4      | 3.9      | 0.3        | 10.2        | 1157   | 61.9  |

| KIDS MEALS (data ranges from lowest to highest calorie options for each meal based on your choice of beverage)   | SERVING SIZE | CALORIES | PROTEIN | CARBS | DIETARY FIBER | FAT TOTAL | SAT. FAT | TRANS. FAT | CHOLESTEROL | SODIUM | SUGAR |
|--|--------------|----------|---------|-------|---------------|-----------|----------|------------|-------------|--------|-------|
| <b>Kids Soft Burrito - LOW</b><br>Your choice of a Kids Soft Pinto Bean or Beef Burrito served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice.  | 24.2         | 533      | 14.5    | 62.2  | 11.9          | 25.2      | 5.6      | 0          | 14          | 1244   | 1.7   |
| <b>Kids Soft Burrito - HIGH</b><br>Your choice of a Kids Soft Pinto Bean or Beef Burrito served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice. | 24.2         | 844      | 23.3    | 115.5 | 9             | 35        | 9.7      | 0.5        | 34.3        | 1721   | 61.3  |
| <b>Quesadilla - LOW</b><br>A cheese Quesadilla served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice.   | 21.7         | 453      | 13.5    | 47.9  | 6.2           | 27.4      | 7        | 0          | 24          | 1106   | 1.2   |
| <b>Quesadilla - HIGH</b><br>A cheese Quesadilla served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice.  | 21.7         | 746      | 17.5    | 108   | 6.2           | 29.9      | 8.5      | 0.4        | 34          | 1236   | 61.2  |
| <b>Chicken Nuggets - LOW</b><br>An order of Chicken Nuggets served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice.                              | 21.5         | 446      | 15.4    | 33.2  | 4.9           | 27.9      | 3.3      | 0.1        | 17.9        | 1037   | 0.3   |
| <b>Chicken Nuggets - HIGH</b><br>An order of Chicken Nuggets served with a small order of Mexi-Fries™, rice or beans, a small soft drink, Milk or Apple Juice.                             | 21.5         | 659      | 15.4    | 93.8  | 4.9           | 28        | 3.3      | 0.1        | 17.9        | 1077   | 60.3  |
| SIDES  |              |          |         |       |               |           |          |            |             |        |       |
| <b>* Small Mexi-Fries™</b> <b>GLUTEN-SENSITIVE</b><br>Crisp potato rounds deep-fried and lightly seasoned.   | 2.9          | 236      | 2.0     | 21.5  | 4.2           | 15.7      | 1.8      | 0          | 0           | 432    | 0.2   |
| <b>* Medium Mexi-Fries™</b> <b>GLUTEN-SENSITIVE</b><br>Crisp potato rounds deep-fried and lightly seasoned.  | 5.7          | 471      | 4       | 43.1  | 8.3           | 31.4      | 3.6      | 0.1        | 0           | 864    | 0.3   |
| <b>* Large Mexi-Fries™</b> <b>GLUTEN-SENSITIVE</b><br>Crisp potato rounds deep-fried and lightly seasoned.   | 8.6          | 707      | 6.0     | 64.6  | 12.5          | 47.1      | 5.5      | 0.1        | 0           | 1296   | 0.5   |
| <b>* Chips and Mild Salsa</b> <b>GLUTEN-SENSITIVE</b><br>Freshly prepared corn tortilla chips with Mild Salsa.   | 9.4          | 592      | 6.2     | 64.1  | 9             | 34.4      | 2.8      | 0.1        | 0           | 847    | 7.3   |
| <b>* Chips and Medium Salsa</b> <b>GLUTEN-SENSITIVE</b><br>Freshly prepared corn tortilla chips with Medium Salsa.   | 9.4          | 593.8    | 6.4     | 63.9  | 9.2           | 34.8      | 2.8      | 0          | 0           | 1064.8 | 7     |
| <b>* Chips and Guacamole</b> <b>GLUTEN-SENSITIVE</b><br>Freshly prepared corn tortilla chips with handcrafted Guacamole.   | 8.4          | 726      | 7.5     | 64.6  | 14.7          | 50.5      | 5.1      | 0.1        | 0           | 1168   | 2.8   |
| <b>* Rice</b> <b>GLUTEN-SENSITIVE</b><br>Seasoned Mexican Rice.  | 4.6          | 201      | 3.7     | 39.8  | 1.6           | 3.0       | 0.4      | 0          | 0           | 394    | 1.7   |
| <b>* Pinto Beans</b> <b>GLUTEN-SENSITIVE</b><br>Fat-Free Pinto beans with a touch of Cheddar cheese. Served with a side of freshly prepared corn tortilla chips.                           | 7.8          | 269      | 16.6    | 43.1  | 17            | 3.4       | 1.6      | 0          | 7.0         | 730    | 1.5   |
| <b>* Whole Black Beans</b> <b>GLUTEN-SENSITIVE</b><br>Whole black beans with a touch of low-fat white cheese. Served with a side of freshly prepared corn tortilla chips.                  | 5.3          | 207      | 11.1    | 32.9  | 14.6          | 3.5       | 1.5      | 0          | 7.1         | 811    | 2.3   |



| DRESSINGS & SALSAS  | SERVING SIZE | CALORIES | PROTEIN | CARBS | DIETARY FIBER | FAT TOTAL | SAT. FAT | TRANS. FAT | CHOLESTEROL | SODIUM | SUGAR |
|---|--------------|----------|---------|-------|---------------|-----------|----------|------------|-------------|--------|-------|
| <b>Ranch Dressing</b>   | 3.0          | 236      | 2.6     | 4.6   | 0.2           | 23.6      | 11.7     | 0.2        | 11.6        | 465    | 2.5   |
| <b>Thousand Island Dressing</b>   | 3.0          | 312      | 0       | 8.5   | 0             | 31.2      | 5.7      | 0          | 28.4        | 595    | 5.7   |
| <b>Sour Cream</b>   | 3.0          | 162      | 2.6     | 4.3   | 0             | 15.3      | 10.2     | 0          | 59.6        | 51     | 3.4   |
| <b>Cilantro Lime Dressing</b>   | 3.0          | 88       | 2.9     | 5.9   | 0             | 5.9       | 2.9      | 0          | 14.7        | 587    | 2.9   |
| <b>Mild Salsa</b>   | 3.0          | 27       | 0.7     | 6.0   | 1.2           | 0         | 0        | 0          | 0           | 424    | 3.1   |
| <b>Medium Salsa</b>   | 3.0          | 28       | 0.8     | 6.0   | 1.3           | 0.2       | 0        | 0          | 0           | 532    | 3.0   |
| <b>Pico de Gallo</b>  | 3.0          | 26       | 1.1     | 4.8   | 2.6           | 0.2       | 0        | 0          | 0           | 831    | 0.9   |
| <b>Corn Salsa</b>   | 3.0          | 61       | 2.3     | 9.9   | 4.8           | 1.4       | 0.3      | 0          | 0           | 358    | 0.2   |
| <b>Taco Time Hot Sauce</b>  | 1.0          | 9        | 0.2     | 2.0   | 0.5           | 0.1       | 0        | 0          | 0           | 129    | 0.5   |
| <b>Guacamole</b>  | 1.0          | 38       | 0.5     | 2.5   | 1.6           | 3.2       | 0.5      | 0          | 0           | 234    | 0.3   |
| DRINKS  |              |          |         |       |               |           |          |            |             |        |       |
| <b>Freestyle Low (Small Diet Coke)</b>  | 16           | 0        | 0       | 0     | 0             | 0         | 0        | 0          | 0           | 53     | 0     |
| <b>Freestyle High (Large Barq's Root Beer)</b>  | 32           | 427      | 0       | 120   | 0             | 0         | 0        | 0          | 0           | 187    | 120   |
| <b>Gold Peak Tea - Small</b>  | 16           | 0        | 0       | 0     | 0             | 0         | 0        | 0          | 0           | 48     | 0     |
| <b>Gold Peak Tea - Medium</b>   | 21           | 0        | 0       | 0     | 0             | 0         | 0        | 0          | 0           | 62     | 0     |
| <b>Gold Peak Tea - Large</b>  | 32           | 0        | 0       | 0     | 0             | 0         | 0        | 0          | 0           | 95     | 0     |
| <b>Apple Juice</b>  | 6.8          | 100      | 0       | 25    | 0             | 0         | 0        | 0          | 0           | 10     | 22    |
| <b>2% Milk</b>  | 8            | 130      | 8       | 13    | 0             | 5         | 3        | 0          | 20          | 130    | 12    |
| <b>Chocolate Milk</b>   | 8            | 190      | 10      | 31    | 1             | 2.5       | 1.5      | 0          | 15          | 230    | 29    |
| DESSERTS  |              |          |         |       |               |           |          |            |             |        |       |
| <b>Crustos™</b><br>Strips of deep-fried flour tortillas, sprinkled with cinnamon and sugar. | 2.0          | 327      | 4       | 29.9  | 1.4           | 21.3      | 2        | 0.1        | 0           | 214    | 6.1   |

Our restaurants prepare and serve products that contain wheat, soy, dairy, egg and fish. While a particular product may not list one of these allergens, our ingredients may be prepared with equipment that is shared with products containing one or more of these allergens. Food cooked in common oil has also been indicated as possible allergens.

**GLUTEN-SENSITIVE**

\* This item is prepared with gluten-free ingredients, however they may come in contact with other ingredients in our kitchen that contain gluten.



# MENU & NUTRITIONAL INFORMATION

July 2020



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